



Welcome to Seven Circles Retreat Center
The gateway to the Sequoias & Kings Canyon National Parks

CHECKING IN ~ 4pm

Thank you for choosing us for your gathering. The items in this article are for the safety and enjoyment of all. It is not meant to be comprehensive. If you have any questions please ask Chris or Jim.

Managers Office

Managers are on-site and keep hours of 10am. – 6pm. However we are available throughout your stay. We walk the grounds throughout the day and evening to answer any questions you may have. If unavailable you may leave a note on the door clip of your room and we will answer as soon as possible.

Sound

We are in a residential area and our center does not allow music / PA systems. The sound curfew is 10pm. If you have any questions concerning sound please ask before your arrival

Guest Rooms

1. We are a wild life sanctuary so we ask that you keep all food, snacks and drinks (except water and baby items) in the lodge area and not in the guest rooms.
2. Lights: Conserve energy by keeping lights off in the guest rooms whenever possible.
3. Heating: Conserve energy by keeping your room at a comfortable temperature.
4. Keep front door closed to avoid mosquitoes and flies.
5. Locked out: Keys are in the lodge behind the reception room door.
6. Plunger: If you need a plunger it is located in the kitchen pantry or your guests room.
7. **Smoking:** No smoking of any kind in guest rooms and public areas. With the exception of the area just beyond the ping pong table. Marijuana is an illegal substance and is not allowed.
8. Do not remove furniture from guest rooms. Move furniture back to it's original configuration.
9. Candles: We are in a drought area – please do not light candles inside the guest..
10. Toilet Paper: Extra toilet paper is in the kitchen pantry.
11. Internet: 18 and older. Check with your organizer for the password. Please no movie/audio streaming.

Kitchen / Lodge

1. Garbage: Garbage shed is outside next to the main parking area. Garbage bags are on top of the freezer in the pantry.
2. No cooking in the lodge – please use the kitchen. Please use the pantry to store non refrigerated food items. Do not leave food outside on the patio or in front of rooms.

-OVER-

Pool

1. Adults must accompany children within the gated pool area at all times.
2. **Pool must be locked when no one is in the pool area.** Check with your organizer for the combination to the lock. Absolutely no swimming after dark.
3. Please no glassware or leaving inflatable or other items in the pool.
4. Please no soda or food in the pool area – attracts bees and wasp.

Meditation Yurt (For quiet use only)

1. Air conditioner/Heat: Conserve energy by turning off the air conditioner/heat when yurt is not in use.
2. Absolutely no food or drinks allowed. ***Yurt can be made unavailable at managers discretion.***
3. Please no lighting of candles in the yurt. Fire hazard.

Hiking Trails

1. Children under 18 must be accompanied by an adult. Please use the buddy system.
2. We are a wild life habitat so be mindful of animals. Sierra Nevada red fox, native snakes

Parking

1. Main Parking: Please park at the yurt. Employ double parking. Overflow parking is by the pool.
2. For the safety of the public walking spaces, please no automobiles in the retreat area.
3. Please use the main parking – this frees up parking for service vehicles.

Firearms and Weapons

All guest are prohibited from possessing firearms, explosives or weapons (hereafter referred to as “weapons”) on the premises of Seven Circles Retreat Center, regardless of whether a federal or state license to possess the same has been issued to the possessor.

Definitions: *Firearm* – Any device that shoots a bullet, pellet, flare, tranquilizer, spear dart, or other projectile, whether loaded or unloaded, including those powered by CO2. This includes, but is not limited to, guns, air guns, dart guns, pistols, revolvers, rifles, shot guns, cannons, and plastic firearms made with 3-D printers and copying technology, and any ammunition for any such device. ***Weapon*** – Any device that is designed to or traditionally used to inflict harm. This includes, but is not limited to: 1) firearms, slingshots, switchblades, daggers, blackjacks, brass knuckles, bows and arrows, hand grenades, hunting knives, nun-chucks, throwing stars, etc.; 2) any object that could be reasonably construed as a weapon; or 3) any object legally controlled as a weapon or treated as a weapon by law.

If you have text capability you may text

**218.234.2310 to leave a message for Chris or Jim. Mobile # 559-782-3037
Office number: 559-337-0021 Offsite alternate contact: 559-336-9362 (Sulfiati)**

For emergencies call 911 from the public phone in the reception area of the lodge.
You are our welcomed guest. Enjoy your stay!